Senedd Llais parliament

Ysgol Gwaelod y Garth school

Cynllun strategol/ Strategic plan

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| Pwyllgor/ Committee:Llysgenhadon Lles/Wellbeing Ambassadors |
| 2023/2024 |
| Ein syniadau/ Our ideas |
| \*Creu bocs becso i bob dosbarth/Worry box for each class |
| \*Bydi’s Lles/Wellbeing Buddies |
| \*Lliwio Llonnydd/Relaxing colouring |
| \*Codi arian i brynnu casgliad o adnoddau i helpu ymlacio/ Raise money to buy a set of wellbeing toys |
| \*Bydi’s Lles- dysgu dulliau ymlacio/bod ar gael i helpu plant ar yr iard/ Wellbeing Buddies- teach calming techniques/ be available to help other children on the iard |
| \*Ardal ymlacio tu allan/ Relaxation area outside |
| \*Dull ymlacio y mis- creu fideos yn dangos sut i wneud/ Relaxation strategy of the month- pupils to create a video on how to do it. |
| \*Creu llawlyfr Lles i rannu gyda’r dosbarthiadau/Create a wellbeing handbook to share with other classes |
| Targedau Tymor yr Hydref/ Autumn term targets |
| * Creu Bocs Poeni i bob dosbarth a’r disgyblion i gyflwyno i’w dosbarthiadau/ Make a worry box for each class and the pupils to introduce it to the class
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| * Creu rhestr chwarae i chwarae yn y cefndir/Create a playlist to share with the classes to play in the background
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| Adnoddau/ Cyllid / Resources/ Budget |
| Ipads ar gyfer y sesiwn nesaf Ipads for the next sessionBocs ar gyfer pob dosbarth- pethau i addurno nhw A box for each class - things to decorate them with |